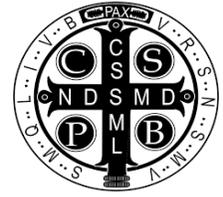


# The MEDITATION



*“ Thus says the Lord: Stand by the roads, and look, and ask for the ancient paths, where the good way is: and walk in it, and find rest for your souls.” - Jeremiah; Chapter 6, Verse 16.*

**July 5<sup>th</sup> A.D. 2015**  
**Fifth Sunday After Trinity**



**The Miraculous Draught of Fishes - 1516**

*By Raphael Sanzio da Urbino ( 1483 – 1520)*

*Italian High Renaissance painter*

2.

*The Epistle for the Day; I St. Peter; Ch. 3, Vs. 8 – 15.*  
*Today's Epistle and Gospel can also be found in the following sources:*  
**1928 Book of Common Prayer; Pages 195 & 196**  
**The People's Anglican Missal; Page C 62**  
**St. Joseph "Continuous" Sunday Missal (1958 ed.); Page 735**

**S**t Peter, in the midst of a world which is given to gossip, fault-finding, and judgement, tells his Christian hearers what their own program should be regarding these matters: “*For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile.*” (St. Peter; Ch. 3, V.s 10). Was St. Peter speaking from personal experience? It is possible, because we know how much he had to suffer on account of his own quick tongue.

The simplest way of using today's Epistle reading is to outline and expound a little on the rules which it sets forth for pious Christian living.

Catholic Christians should *be of one mind* in all that concerns the serious things of life and conduct. They should all agree in their fundamentally religious outlook and purpose, thus presenting a united front to those who wish to learn about the Faith as well as to those enemies of the Faith.

Catholic Christians should cultivate the virtues which especially help to maintain that necessary harmony of mind and outlook: *compassion, charity, mercy, humility*, thereby imitating our Blessed Lord Jesus Christ.

Catholic Christians, in dealing with the adversaries of the Faith and the adversaries of religion in general, must aim at requiting the harshness and violence directed at them with *gentleness*, and malice with *blessing*. Our lives are so full of God's blessings (which we often fail to see), and the future to which we look forward is so full of God's favor, that we should always be ready to wish others well, to impart to them something of that abundance of blessing amidst which we, as Christians, live.

If there are difficulties and inconveniences to be endured in the practice of our religion, we should endure them with resignation and even gladness. This loyal fulfillment of the church's laws is often inconvenient in non-Catholic surroundings: all sorts of social and personal considerations can sometimes make these laws irksome, but the loyal Christian will not, for that reason, be disheartened or inclined to take the “easy way out.”

The temptation to yield to human respect and acceptance; (in this age; “political correctness”), must always be met by the thought that ***God's will is the only thing that really matters.*** Keeping that will constantly before us, and determined that we shall always follow it, we should hold Christ holy in our hearts; we must not be Christians in appearance only, but hearing Christ in our hearts, we shall reproduce the life of Christ in our lives, and each of us will be able to say with St. Paul: “*I live, yet, not I, but Christ liveth in me.*” (Galatians; Ch. 2, Vs. 20).

### 3.

People of good will today are bemoaning the conditions of morality and civility within their own state, nation, and the world in general. The past couple of weeks serve as illustrations of a world seemingly going mad. We, as followers of Christ, would do very well to remember that this seeming madness is made up in part, of words...thousands of words constituting noise, a very loud noise at that. We need to turn down this noise; eliminate it altogether from our minds and especially our souls, for in reality, there is very little that we can do about all that constitutes this “noise”. Let us recall the opening words of last week’s Epistle for our comfort and strengthening, that of St. Paul’s letter to the Romans: *“I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.”* (Rom. Ch. 8, Vs. 18). To those words, let’s add a few words from St. Peter to act upon: *“Let us eschew evil, and do good; let him seek peace and ensue it.”* That’s the best course of action people of good will can take against all the noise that we are subjected to, and that will continue . . . long after we are all gone from it.

**Prayer for the day:** O Lord God of hosts, hear the prayer of thy servants. - *Psalm. 84*



**“Bear ye one another’s burdens, and so fulfill the law of Christ.”** – *Galatians; Ch. 6, Vs. 2*

**PRAYER FOR THE WEEK:** While we have time, let us do good unto all men; and especially unto them that are of the household of Faith. – *Galatians; Ch. 6, Vs. 10.*

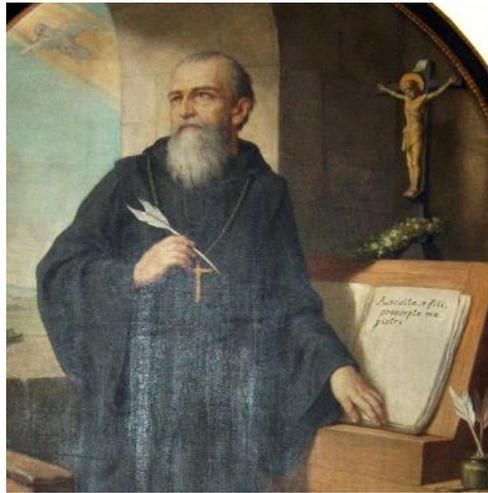
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4.

## Feasts and Fasts

**July 11th**

**The Solemn Commemoration of St. Benedict, Patriarch of Monks and Nuns**



**St. Benedict writing the Holy Rule (1928)**

*Hermann Nigg (1849 – 1928)*

**T**his feast has been celebrated for more than a thousand years by houses of the Benedictine Order to remind the children of St. Benedict of the triumph and the glory of their Holy Father, who prayed and labored that in all things, God may be glorified. St. Benedict is one of the few saints to have two feast days in the church year, the other being on March 21<sup>st</sup>, which if it should fall in Lent, can't be given the full celebration that it deserves.

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### **The MEDITATION**

is produced by the Benedictine Community of:  
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[www.ourladyofsevensorrows.org](http://www.ourladyofsevensorrows.org) and go to '*Meditation*' section of the site.

**PLEASE NOTE:** Sunday Public Mass at the Priory Chapel commences at 9:00 a.m. followed by the Monastic Office of Terce.

**PLEASE NOTE ALSO:** There are No public restrooms so please plan accordingly.

## PRIORY KALENDAR

Week of July 5<sup>th</sup> to July 12<sup>th</sup> - A.D. 2015

### In Trinity-tide

Sunday, July 5<sup>th</sup> . . . . . Fifth Sunday after Trinity. . . . . in the Octave of Sts. Peter & Paul.

Monday, July 6<sup>th</sup> . . . . . Octave Day of St. Peter & Paul

Tuesday, July 7<sup>th</sup> . . . . . Sts. Cyril & Methodius; B. & C. 869 & 884

Wednesday, July 8<sup>th</sup> . St. Elizabeth of Portugal: Q & W. - comm. Bl Eugene III; Cistercian Pope

Thursday, July 9<sup>th</sup> . . . . . Sts. John Fisher; B. & Thomas More: Myrs. - 16<sup>th</sup> cent. England

Friday, July 10<sup>th</sup> . . . . . feria

Saturday, July 11<sup>th</sup> . . . . . Our Holy Father St. Benedict founder of our Order: Abt.

Sunday, July 12<sup>th</sup> . . . . . Sixth Sunday After Trinity

#### Note(s):

**KALENDAR KEY:** Ab. = Abbot, Abs. = Abbess, Abp. = Archbishop, Anc. = Anchorite, Ancs. = Anchoress, Ap. = Apostle, Bl. = Blessed, Br. = Brother, Bp. = Bishop, Card. = Cardinal, C. or Conf. = Confessor, Comm. = Commemoration, Dcn. = Deacon, Doct. = Doctor of the Church, Ev. = Evangelist, H. = Hermit, LBr. = Laybrother, LSr. = Laysister, K. = King, M. = Monk, M.M. = Month's Mind ( 30 day requiem for the departed ), Myr. = Martyr, N. = Nun, Obl. = Oblate, P. = Priest, P. or Po. = Pope, Pr. = Prior, Prs. = Prioress, R. = Recluse, RM = Requiem Mortorum, ( monthly requiem of the departed ), Q. = Queen, Ven. = Venerable, Vir. = Virgin, W. = Widow,  
**RELIGIOUS ORDERS:** C.O. = Congregation of the Oratory –Oratorians, C.P = Congregation of the Passion – Passionists, C.S.J. = Congregation of the Society of Jesus – Jesuits, Er. Cam. = Camaldolese Hermits, F.P.O. = Franciscans of the Primitive Observance, O. Car. = Carmelite Order, O. Cart. = Carthusian Order, O.C.D. = Order of Discalced Friars = Carmelites, O.F.A. = Augustinian Order, O.F.M. = Order of Friars Minor – Franciscans, O.F.M. Cap. = Capuchins, O.P. = Order of Preachers = Dominicans (Blackfriars), O. Praem. = Order of Canons Regular – Norbertines ( White Monks), O.S.B. = Order of St. Benedict – Benedictines, O.S.U = Ursulines, O.C.O. = Order of the Cistercian Observance – Trappists, O.C.S.O. = Cistercian Order of the Strict Observance = Trappists.  
**FASTING:** ..... A = Abstinence, F = Fast, F & A = Fast and Abstinence

## Animal News

### Meet Joseph

Joseph, the front horse in the picture, was brought to us at a little over a year old. He was weaned too early and then “raised” in a set of cattle panels that were 4’ wide. He was tied by his head to the bottom rung where he remained for the first year of his life and beaten

6.

with buckets, pipe, pitchforks and whatever else his owner had in his hand. He was minimally fed and never went outside. Due to this restrictive upbringing he had no muscle, therefore his hips and stifle would pop out of place making him “get stuck” in doorways. His spine was curved and he could not lift his head up once he was untied. He was brought to us with all his ribs showing, not much hair and with no trust in humans. To this day he will try to destroy a bucket if left unattended and he will not relieve himself outside, only in his stall. He was about 8 when he broke his shoulder and ruined the radial nerve in his front leg. He is a courageous soul and pulled through when he should have died. He is still leery of humans, stiff and slow and still quirky, now at 18 years old. He is Sage’s friend and the “top dog” in the barn. A little food, love and patience with no pressure to be anything but a horse has proven to be the best course of action for this horse to live his best life. We could not do this without you and your help. Joseph and all his friends thank you.



Joseph (in the foreground) with Sage.

P A X